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SEPTA officers get body cameras

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Jay Z and Beyonce seek Skype therapy

PAGE 14

Hawke on the role of a (kid's) lifetime

PAGES 16-17

Lumosity may help you train your brain

PAGE 22

Corpse found in bag is recent college graduate

Kensington. The body found in a bag on North Third Street is that of 23-year-old Laura Araujo, a New York native who recently graduated from The Art Institute. Her car was found miles away on fire in South Philadelphia. PAGE 02

A couple plays a game on the opening night of restaurateur Michael Schulson's Independence Beer Garden in Old City on Tuesday afternoon. / CHARLES MOSTOLLER, METRO

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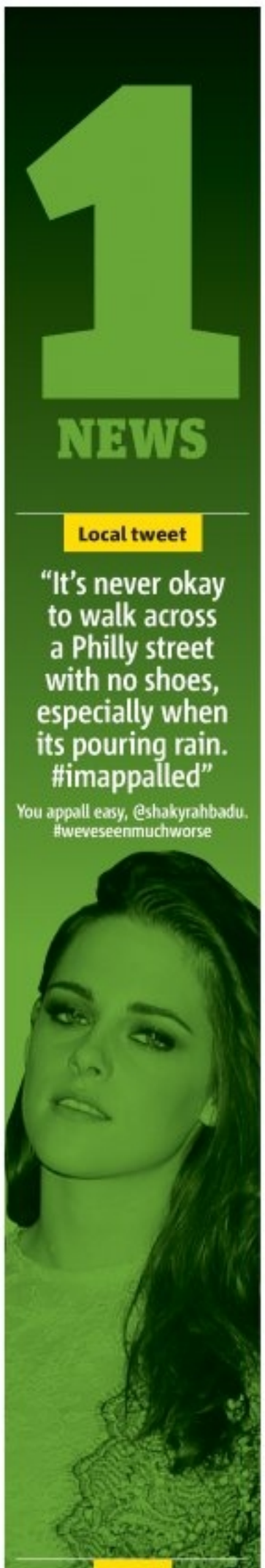
1 NEWS

Local tweet

"It's never okay to walk across a Philly street with no shoes, especially when its pouring rain. #imappalled"

You appall easy, @shakyrahbadu. #weveseenmuchworse



Top 3

What's trending online at Metro.us

1 'Anne Hathaway, Kristen Stewart rock mustaches for new Jenny Lewis video'

2 'AUDIO: Man records the most frustrating Comcast call ever'

3 'VIDEO: Weird Al teaches English in new song "Word Crimes"'

Police: Body in duffel was slain arts graduate

Kensington. The woman found dead had a new job and was looking for an apartment.

Laura Araujo / LINKEDIN

Police said Tuesday that the corpse found in a duffel bag on a Kensington street early Monday is Laura Araujo, 23, a New York native and recent Art Institute of Philadelphia graduate.

Araujo was killed by strangulation and blunt force trauma, according to Homicide Unit Captain James Clark.

Araujo, a New York native, graduated from The Art Institute of Philadelphia in December and was soon to begin a job at a city hotel, Clark said. She was seeking a long-term apartment and had been keeping all of her belongings in garbage bags in her car, Clark said. Those bags were strewn around her corpse.

"Her whole life was in those bags," Clark said, saying the content included pictures, shoes, jewelry and "everything she owned."

Araujo's body was found at 5:30 a.m. Monday on the 2200 block of North Third Street, inside a garbage bag, wrapped in a blanket and stuffed in a duffel bag. Her hands and feet were bound. She was slain four to eight hours prior, police believe.

Later that morning, her car, a 2011 Toyota Rav4, was found on fire on the 1600 block of South Bambrey Street. Asked whether detectives believe the car was set on fire to destroy evidence of the murder, Clark said, "Absolutely."

Police are seeking the public's help and any tips. They are offering a $20,000 reward for information leading to the arrest of Araujo's murderer.

Quoted

"We believe whoever did this took her vehicle to the South Philadelphia area and set it on fire to try to cover their tracks."

Capt. James Clark

Got info?

Clark urges tipsters to call the Homicide Unit at 215-686-3334 or 215-686-3335.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

Bar-scape. Schulson's beer garden now open

Chef Michael Schulson is right. People in Philadelphia are always looking for an outdoor space to drink, eat and have fun with friends. Now, there's another option and it's bigger and more permanent than any pop-up bar you'll find in the city.

Schulson's Independence Beer Garden — 20,000 square feet of picnic tables, bars, fire pits, games and more — opened to the public on Tuesday. But don't worry, it only sounds huge.

"It doesn't feel enormous because you're in your own element of time here," Schulson said.

What the restaurateur of Sampan and Graffiti Bar means is that you're not sitting outside of a cafe or on a bar stool the whole time. You can play ping-pong, watch the Phillies game, sit in an oversized Adirondack chair with friends and maybe next year, you can even bowl.

"We're already talking about a cool, old-school bowling alley," Schulson said. "Every year, it's just going to evolve."

CHRISTINA PACIOLLA

All-American

The Independence Beer Garden — with views of the Liberty Bell and Independence National Historic Park — is on Sixth and Market streets.

- The menu is courtesy of "Top Chef" alum Travis Masar.

The beer garden, which also features bocce ball and corn hole, is open at 11 a.m. every day. / CHARLES MOSTOLLER, METRO

Labor dispute

Board rules against Carpenters, Teamsters unions

The National Labor Relations Board Philadelphia regional office dismissed two unions' claims that the Pennsylvania Convention Center acted in "bad faith" when it ended their contracts in May.

Protester / FILE PHOTO

The National Labor Relations Board (NLRB) issued a decision Monday stating that "further proceedings are unwarranted" in this dispute, reports say.

In May, the Convention Center ended contracts with Carpenters Local 8 and Teamsters Local 107 after they did not sign new contracts by a May 5 deadline.

The unions protested, claiming they believed they had until May 10 to sign the new contracts.

Four other unions signed the new contracts in time to keep working at the convention center, Electricians Local 98, Laborers Local 332 and the Stagehands Local 8 and Iron Workers 405.

The unions can appeal the decision. SAM NEWHOUSE

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- **JANUVIA, by itself, is not likely to cause blood sugar going too low (hypoglycemia), because it works less when blood sugar is low.**
- **JANUVIA, by itself, is not likely to cause weight gain.**

JANUVIA (jah-NEW-vee-ah) should not be used in patients with type 1 diabetes or with diabetic ketoacidosis (increased ketones in the blood or urine). If you have had pancreatitis (inflammation of the pancreas), it is not known if you have a higher chance of getting it while taking JANUVIA.

Selected Risk Information About JANUVIA

Serious side effects can happen in people who take JANUVIA, including pancreatitis, which may be severe and lead to death. Before you start taking JANUVIA, tell your doctor if you've ever had pancreatitis. Stop taking JANUVIA and call your doctor right away if you have pain in your stomach area (abdomen) that is severe and will not go away. The pain may be felt going from your abdomen through to your back. The pain may happen with or without vomiting. These may be symptoms of pancreatitis.

Do not take JANUVIA if you are allergic to any of its ingredients, including sitagliptin. Symptoms of serious allergic reactions to JANUVIA, including rash, hives, and swelling of the face, lips, tongue, and throat that may cause difficulty breathing or swallowing, can occur. If you have any symptoms of a serious allergic reaction, stop taking JANUVIA and call your doctor right away.

Kidney problems, sometimes requiring dialysis, have been reported.

If you take JANUVIA with another medicine that can cause low blood sugar (hypoglycemia), such as a sulfonylurea or insulin, your risk of getting low blood sugar is higher. The dose of your sulfonylurea medicine or insulin may need to be lowered while you use JANUVIA. Signs and symptoms of low blood sugar may include headache, drowsiness, weakness, dizziness, confusion, irritability, hunger, fast heart beat, sweating, and feeling jittery.

Please read the Medication Guide on the adjacent page for more detailed information.

Your doctor may do blood tests before and during treatment with JANUVIA to see how well your kidneys are working. Based on these results, your doctor may change your dose of JANUVIA. The most common side effects of JANUVIA are upper respiratory tract infection, stuffy or runny nose and sore throat, and headache.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Pay as little as $5 per prescription.*

Visit Januvia.com/savings

*Maximum savings are limited. Not valid for patients with Medicare or other Government Program insurance. Other eligibility restrictions and Terms and Conditions apply.

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www.metro.us

Medication Guide
JANUVIA® (jah-NEW-vee-ah) (sitagliptin) Tablets

Read this Medication Guide carefully before you start taking JANUVIA and each time you get a refill. There may be new information. This information does not take the place of talking with your doctor about your medical condition or your treatment. If you have any questions about JANUVIA, ask your doctor or pharmacist.

What is the most important information I should know about JANUVIA?

Serious side effects can happen in people taking JANUVIA, including inflammation of the pancreas (pancreatitis) which may be severe and lead to death.

Certain medical problems make you more likely to get pancreatitis.

Before you start taking JANUVIA:

Tell your doctor if you have ever had

- pancreatitis
- stones in your gallbladder (gallstones)
- a history of alcoholism
- high blood triglyceride levels
- kidney problems

Stop taking JANUVIA and call your doctor right away if you have pain in your stomach area (abdomen) that is severe and will not go away. The pain may be felt going from your abdomen through to your back. The pain may happen with or without vomiting. These may be symptoms of pancreatitis.

What is JANUVIA?

- JANUVIA is a prescription medicine used along with diet and exercise to lower blood sugar in adults with type 2 diabetes.
- JANUVIA is not for people with type 1 diabetes.
- JANUVIA is not for people with diabetic ketoacidosis (increased ketones in your blood or urine).
- If you have had pancreatitis (inflammation of the pancreas) in the past, it is not known if you have a higher chance of getting pancreatitis while you take JANUVIA.
- It is not known if JANUVIA is safe and effective when used in children under 18 years of age.

Who should not take JANUVIA?

Do not take JANUVIA if:

- you are allergic to any of the ingredients in JANUVIA. See the end of this Medication Guide for a complete list of ingredients in JANUVIA.

Symptoms of a serious allergic reaction to JANUVIA may include:

- rash
- raised red patches on your skin (hives)
- swelling of the face, lips, tongue, and throat that may cause difficulty in breathing or swallowing

What should I tell my doctor before taking JANUVIA?

Before you take JANUVIA, tell your doctor if you:

- have or have had inflammation of your pancreas (pancreatitis).
- have kidney problems.
- have any other medical conditions.
- are pregnant or plan to become pregnant. It is not known if JANUVIA will harm your unborn baby. If you are pregnant, talk with your doctor about the best way to control your blood sugar while you are pregnant.

  Pregnancy Registry: If you take JANUVIA at any time during your pregnancy, talk with your doctor about how you can join the JANUVIA pregnancy registry. The purpose of this registry is to collect information about the health of you and your baby. You can enroll in this registry by calling 1-800-986-8999.
- are breast-feeding or plan to breast-feed. It is not known if JANUVIA will pass into your breast milk. Talk with your doctor about the best way to feed your baby if you are taking JANUVIA.

Tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements.

Know the medicines you take. Keep a list of your medicines and show it to your doctor and pharmacist when you get a new medicine.

How should I take JANUVIA?

- Take JANUVIA 1 time each day exactly as your doctor tells you.
- You can take JANUVIA with or without food.
- Your doctor may do blood tests from time to time to see how well your kidneys are working. Your doctor may change your dose of JANUVIA based on the results of your blood tests.
- Your doctor may tell you to take JANUVIA along with other diabetes medicines. Low blood sugar can happen more often when JANUVIA is taken with certain other diabetes medicines. See **"What are the possible side effects of JANUVIA?"**.
- If you miss a dose, take it as soon as you remember. If you do not remember until it is time for your next dose, skip the missed dose and go back to your regular schedule. Do not take two doses of JANUVIA at the same time.
- If you take too much JANUVIA, call your doctor or local Poison Control Center right away.
- When your body is under some types of stress, such as fever, trauma (such as a car accident), infection or surgery, the amount of diabetes medicine that you need may change. Tell your doctor right away if you have any of these conditions and follow your doctor's instructions.
- Check your blood sugar as your doctor tells you to.
- Stay on your prescribed diet and exercise program while taking JANUVIA.
- Talk to your doctor about how to prevent, recognize and manage low blood sugar (hypoglycemia), high blood sugar (hyperglycemia), and problems you have because of your diabetes.
- Your doctor will check your diabetes with regular blood tests, including your blood sugar levels and your hemoglobin A1C.

What are the possible side effects of JANUVIA?

Serious side effects have happened in people taking JANUVIA.

- See **"What is the most important information I should know about JANUVIA?"**.
- **Low blood sugar (hypoglycemia).** If you take JANUVIA with another medicine that can cause low blood sugar, such as a sulfonylurea or insulin, your risk of getting low blood sugar is higher. The dose of your sulfonylurea medicine or insulin may need to be lowered while you use JANUVIA. Signs and symptoms of low blood sugar may include:
  - headache
  - drowsiness
  - weakness
  - dizziness
  - confusion
  - irritability
  - hunger
  - fast heart beat
  - sweating
  - feeling jittery
- **Serious allergic reactions.** If you have any symptoms of a serious allergic reaction, stop taking JANUVIA and call your doctor right away. See **"Who should not take JANUVIA?"**. Your doctor may give you a medicine for your allergic reaction and prescribe a different medicine for your diabetes.
- **Kidney problems**, sometimes requiring dialysis

The most common side effects of JANUVIA include:

- upper respiratory infection
- stuffy or runny nose and sore throat
- headache

JANUVIA may have other side effects, including:

- stomach upset and diarrhea
- swelling of the hands or legs, when JANUVIA is used with rosiglitazone (Avandia®). Rosiglitazone is another type of diabetes medicine.

These are not all the possible side effects of JANUVIA. For more information, ask your doctor or pharmacist.

Tell your doctor if you have any side effect that bothers you, is unusual or does not go away.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store JANUVIA?

Store JANUVIA at 68°F to 77°F (20°C to 25°C).

Keep JANUVIA and all medicines out of the reach of children.

General information about the use of JANUVIA

Medicines are sometimes prescribed for purposes that are not listed in Medication Guides. Do not use JANUVIA for a condition for which it was not prescribed. Do not give JANUVIA to other people, even if they have the same symptoms you have. It may harm them.

This Medication Guide summarizes the most important information about JANUVIA. If you would like to know more information, talk with your doctor. You can ask your doctor or pharmacist for additional information about JANUVIA that is written for health professionals. For more information, go to www.JANUVIA.com or call 1-800-622-4477.

What are the ingredients in JANUVIA?

Active ingredient: sitagliptin

Inactive ingredients: microcrystalline cellulose, anhydrous dibasic calcium phosphate, croscarmellose sodium, magnesium stearate, and sodium stearyl fumarate. The tablet film coating contains the following inactive ingredients: polyvinyl alcohol, polyethylene glycol, talc, titanium dioxide, red iron oxide, and yellow iron oxide.

What is type 2 diabetes?

Type 2 diabetes is a condition in which your body does not make enough insulin, and the insulin that your body produces does not work as well as it should. Your body can also make too much sugar. When this happens, sugar (glucose) builds up in the blood. This can lead to serious medical problems.

High blood sugar can be lowered by diet and exercise, and by certain medicines when necessary.

This Medication Guide has been approved by the U.S. Food and Drug Administration.

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2007 Toyota Sienna XLE $500 Down

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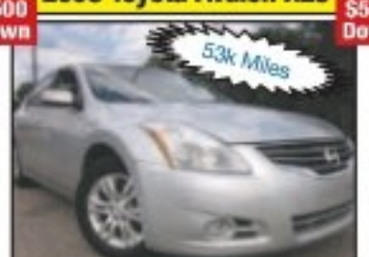
$211/Month
2005 Infiniti G35x $500 Down

$243/Month
2010 Nissan Rogue $500 Down



$274/Month
2010 Nissan Altima SL $500 Down

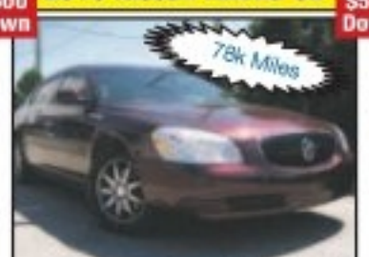
$189/Month
2008 Pontiac Torrent $500 Down

$298/Month
2007 Mercedes E350 4MATIC $500 Down

$257/Month
2011 Hyundai Sonata $500 Down

$193/Month
2009 Hyundai Tucsan $500 Down

$289/Month
2012 Hyundai Sonata Turbo



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2007 Buick Lucerne CXL

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Today in Philadelphia, disposing of household trash in a public city container could result in a $150 fine.

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Michael A. Nutter, Mayor
David J. Perri, P.E., Streets Commissioner

Saying thank you with a block party

Members of the People's Emergency Center surprised West Philadelphia resident Harold Burnett on Tuesday with a "Block-Party-in-a-Box" for his work in the community. The kit included gift cards for block party food, a moon bounce for kids and more. / CHARLES MOSTOLLER, METRO

SEPTA officers armed with secret cameras

Philadelphia. Those "he said, she said" arguments invoking SEPTA police might get easier with new camera system.

Results

Nestel hopes the cameras will:

- Increase guilty pleas
- Reduce court overtime
- Reduce the number of "use of force" incidents reported
- Help investigate complaints

SEPTA is arming its police force with more equipment to catch more criminals.

"Another tool for cheese sandwich delivery," said SEPTA Transit Police Chief Thomas Nestel.

Nestel, who attaches the hashtag #cheesesandwich, which represents the meal given to detainees in the department's lockup, to many of his @TNestel3 tweets, announced Tuesday his officers are testing new radios embedded with surveillance cameras.

The cameras, which capture both audio and video, are built into the officers' radio microphones, which are clipped to the officers' chests.

"That's nice for the cops because we already have enough crap on our belts," Nestel said. "The Batman utility belt only has so much room and integrating it into police equipment we already have is nice."

Visit **Metro.us** for more photos of SEPTA officers using the device.

By the numbers

$300

The cost of each device. SEPTA cops are testing them at no cost.

There are a lot of cameras positioned within SEPTA stations and on trains and vehicles, "but none of them have sound," Nestel said. "Often, what we find is on the platforms, we're taking a 40-foot view of what occurs. This is a view two feet from the person you're talking with."

SEPTA Transit Police are testing these devices for 60 days and are going into effect this week. Three officers will be outfitted.

If SEPTA decides to purchase the cameras — for which it would seek grant funding — not all of its 275 officers would be outfitted with the cameras. Only about 200 officers on patrol would be given the device.

"We're experimenting," Nestel said. "We're seeing if it's conducive for our environment and if it's beneficial for transit policing in general."

TOMMY ROWAN
@tommyrowan
tommy.rowan@metro.us

Man caught with BB guns, meat cleaver, knives

Center City. A passenger snapped a cell phone pic of the man and alerted authorities.

SEPTA Transit Police Chief Thomas Nestel detailed Tuesday how a Broad Street Line passenger alerted authorities Monday night to a male passenger carrying a gun. Police tracked down that man and discovered he was carrying more than just one weapon.

"This is a great example of when people are riding mass transit that when they see something that is suspicious, they say something," Nestel said. "It's also about something being really weird."

Darryl Donahue / SEPTA

A female passenger noticed a bulge on the hip of Darryl Donahue, 52, around 10 p.m. and covertly snapped a photo with her cell phone and forwarded it to SEPTA.

Det. Bryan Carney found Donahue, of Germantown, on SEPTA's vast video surveillance system and tracked his path to City Hall.

He went out, cornered Donahue in LOVE Park and arrested him.

Upon searching the gunman, Carney discovered that the firearm on his hip was actually a BB gun. Next to the gun was a knife.

On his left side, Carney found another BB gun and a second knife. In Donahue's backpack, he found two more BB guns and a meat cleaver.

"He is not a butcher," Nestel said. "He does not have a legal reason to be carrying around knives on a city street."

Any charges for Donahue will come from the District Attorney's office. Nestel said the suspect had been stopped by SEPTA police for carrying guns and knives in 2009.

TOMMY ROWAN
@tommyrowan
tommy.rowan@metro.us

Red tape

Abuses described at Philly VA office

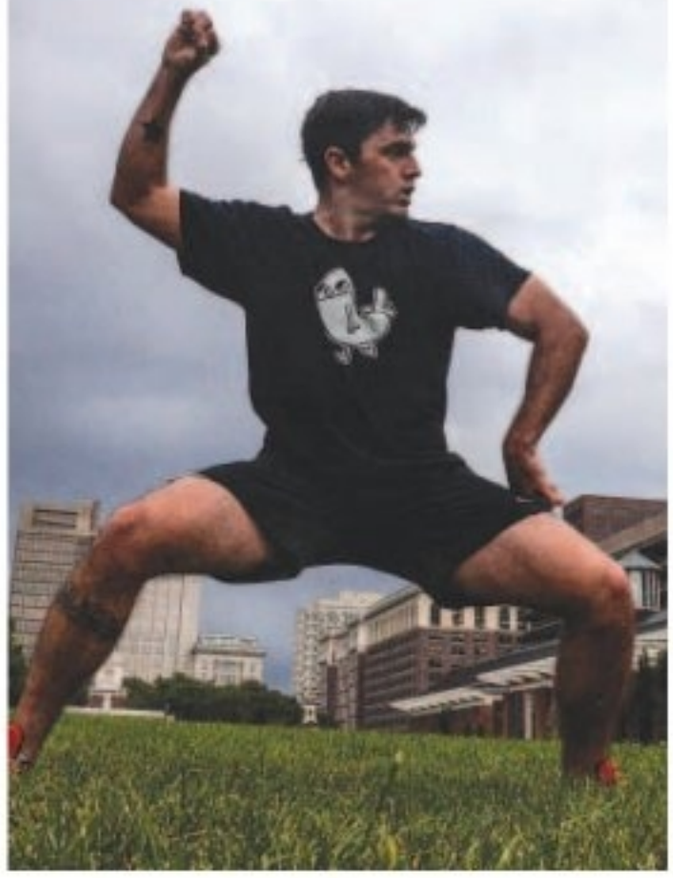
Bins of mail left unanswered for years and shredded without being opened were described as common at the Philadelphia regional Veterans Affairs office in Germantown by whistle-blower Kristen Ruell, an employee there.

Ruell testified before Congress on Monday that payments were sent twice to some veterans. She said paperwork dates were falsified to make wait times of years seem like just weeks.

Meanwhile, VA undersecretary Allison Hickey apologized Tuesday to Congress for a July 2 incident when Philly VA employees secretly bugged the room where they were interviewed by congressional investigators. SAM NEWHOUSE

Doing a rain dance

Old City resident Tony Cheslock practices Wushu, a traditional Chinese martial art, on Independence Mall as storm clouds move in on the city on Tuesday afternoon. Storms again on Tuesday evening ripped through the Delaware Valley, but sunny skies and temperatures in the mid 80s are slated for the rest of the week. / CHARLES MOSTOLLER, METRO



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*Clinical professional is defined as a physician, physician assistant or nurse practitioner.
If you are experiencing a medical emergency, call 911.

Craigslist seller charged with robbing clients

South Jersey. The man allegedly stuck a shotgun in the buyers' faces and stole their money.

After responding to multiple Craigslist advertisements to sell his iPhone 5, a 33-year-old Burlington County, New Jersey, man is now facing robbery charges, police announced.

Marcell T. Spears, of the 100 block of Garland Avenue in Willingboro, was charged by Cherry Hill Police for showing up to two buyers' homes and sticking a shotgun in their faces, police said.

Police said one buyer provided Spears with his home address, on Valleybrook Road, and set up a meeting on July 1 at 9 p.m.

When the buyer met Spears outside his home to complete the transaction, Spears pointed a rifle at the man's face and stole his $200 and fled into a waiting car.

Police found that a similar robbery occurred one hour before in Moorestown. Spears was identified following this investigation and was charged with both incidents on July 11 with robbery, possession of a weapon and possession of a weapon for an unlawful purpose.

By the numbers

$200

The amount that Spears stole from one of the buyers.

$100K

Spears' bail

His bail was set at $100,000 cash.

Police warned online buyers to conduct in-person transactions in public places, and if possible, bring backup.

TOMMY ROWAN
@tommyrowan
tommy.rowan@metro.us

Hitting the right note

Jay Tian plays violin on Arch Street in Chinatown on Tuesday. Tian has been playing for 10 years, he says, and tells Metro that he just plays on the street for fun.

CHARLES MOSTOLLER, METRO

Ranking

Philly hospitals are tops in the nation

U.S. News & World Report ranked two Philadelphia hospitals in its Best Hospitals list.

Hospital of the University of Pennsylvania Penn Presbyterian placed seventh out of 17 hospitals for adult specialties. The Children's Hospital of Philadelphia tied for first place with Boston for Best Children's Hospital.

The list also recognized Penn-Presbyterian as second in Pennsylvania (behind the University of Pittsburgh Medical Center) and first in the Philadelphia metropolitan area. METRO

Strip club fight

Manager guilty of murder

John Pettit, 53, pleaded guilty Tuesday to killing James Koons, 31, during a fight in the parking lot of Oasis strip club, which he managed, in Southwest Philly. METRO

Painful Varicose Veins?

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Obama backs highway fund

Virginia. Obama weighed in on the depleted fund after taking a wild ride in a car simulator.

President Obama drives a simulator of a high-tech car as he tours the Turner-Fairbank Highway Research Center in McLean, Virginia. / GETTY IMAGES

President Barack Obama on Tuesday threw his weight behind a temporary fix for the depleted Highway Trust Fund during an event to tout his administration's work with the private sector to develop cars that communicate using wireless technology.

The Republican-controlled House of Representatives was poised on Tuesday to approve a $10 billion infusion for the fund, enough to keep money flowing to road, bridge and transit projects at least through the end of May 2015.

Without new money, the Department of Transportation has said it will start to cut back federal funding for projects by nearly a third on Aug. 1, putting hundreds of thousands of jobs at risk. Congress begins a five-week summer recess that same day. REUTERS

Quoted

"The good news is there are bipartisan bills in both the House and the Senate that would help with a short-term fix. And I support that." Obama

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Fine dining. Giant 2-pound African snails seized at airport

U.S. customs inspectors at Los Angeles International Airport seized a shipment of several dozen live giant African snails, considered a delicacy in Nigeria but also voracious pests that can eat paint off houses, officials said this week.

Weighing nearly 2 pounds each and measuring about 6 inches in length, the 67 snails arrived from Lagos, Nigeria, with paperwork describing them as being for human consumption, the U.S. Customs and Border Protection agency said.

The mollusks appeared to be packaged as a personal shipment and were marked as destined for an address in San Dimas, California, agency spokeswoman Lee Harty said. REUTERS

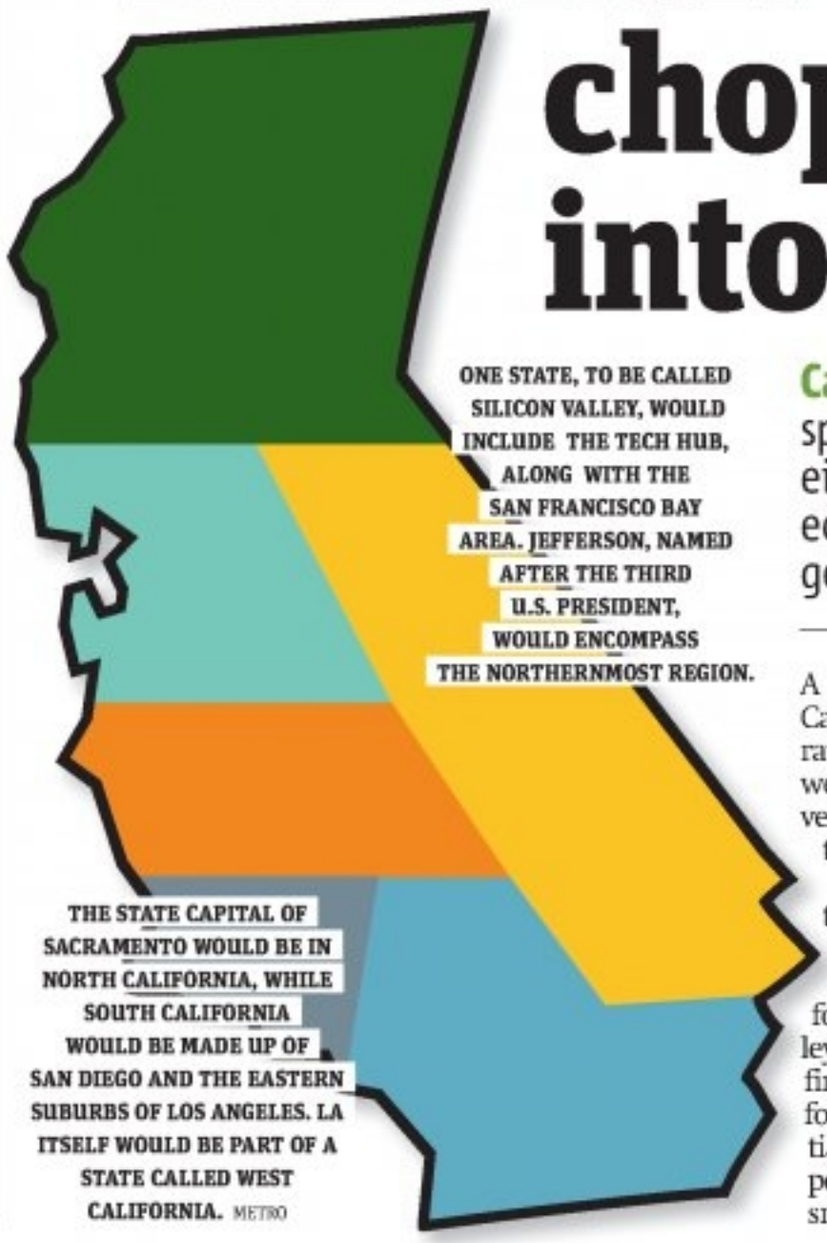
Connected house

Google's Nest launches home network

Google Inc.'s Nest Labs on Tuesday unveiled an industry group to encourage makers of smart home gadgets to use Thread, a new standard for devices to communicate on a network.

The attempt by Nest, a smart thermostat maker that Google bought in January, to lead the way on how future household devices to speak to each other, underscores the importance Google puts on areas like the home. REUTERS

Billionaire wants to chop up Calif. into six states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California. The plan splits the world's eighth-largest economy along geographic lines.

A long-shot effort to break California into six separate states got a boost this week, when the billionaire venture capitalist behind the proposal said he had gathered enough signatures to place it on the ballot in two years.

Timothy Draper, a founder of a Silicon Valley-based venture capital firm has been agitating for months for a ballot initiative to chop the most populous U.S. state into smaller entities.

"It's important because it will help us create a more responsive, more innovative and more local government, and that ultimately will end up being better for all of Californians," said Roger Salazar, a spokesman for the campaign. "The idea ... is to create six states with responsive local governments, states that are more representative and accountable to their constituents."

Salazar said that the campaign had gathered more than the roughly 808,000 signatures needed to place the measure on the November 2016 ballot. Draper and other supporters had planned to file the signatures with California Secretary of State Debra Bowen on Tuesday. REUTERS

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At least 20 killed, 120 hurt in Moscow subway derailment

Russia. Rescue workers evacuated more than 1,000 people from the crash area.

Search and rescue teams evacuate passengers injured after three subway cars derailed Moscow. / GETTY IMAGES

At least 20 people were killed and more than 120 were injured when a Moscow underground train derailed during the morning rush hour in one of the worst accidents on the Russian capital's subway system in years.

President Vladimir Putin, who is away in Brazil, ordered a criminal investigation into the accident, which is likely to raise further questions over Russia's transportion safety record. There was no suspicion of a militant attack — the cause of scores of deaths in Moscow's subway system in years past.

Three cars derailed on a train traveling between two stations at 44 miles per hour at around 8:35 a.m. on the world's busiest subway system.

"It braked very hard. The lights went off and there was lots of smoke," a man, his nose bloodied, told Rossiya-24 television.

"We were trapped and only got out by some miracle. I thought it was the end. Many people were hurt, mostly in the first rail car because the cars ran into each other."

REUTERS

Riders

9M

On weekdays as many as 9 million people use the subway system.

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See more photos of drone photography, as well as a roundup of the week's best photography online at **Metro.us/slideshows.**

Spy like an eagle with Dronestagram

Drones are not just good at spying on neighbors, they also take stunning images, which now form a new genre in aerial photography. Social network Dronestagram and National Geographic have teamed up to select the winners, first-place above, of the first competition for drone photos. MWN

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OMG! Good vibrations, gloves help users understand braille

Learning a different language is not easy, and certainly not when it comes to braille, the system of reading and writing for the visually impaired. But U.S. scientists are offering a helping hand, with a vibrating glove they've designed to help users understand braille in a matter of minutes. Small motors at the knuckle of each glove finger vibrate to tell the user to press a corresponding key, with an audio system telling them which braille letter they are typing. Experts at Georgia Institute of Technology then discovered that users with the gloves were still accurate in understanding braille, even if they were distracted for 30 minutes — a teaching technique called "passive haptic learning." Metro spoke to study co-author Caitlyn Seim to find out more.

Vibrating glove / GEORGIA TECH

Rapid acquisition

Can people wearing the gloves really learn braille in 45 minutes?
Yes. They feel vibration patterns on their hands and hear some audio that corresponds to this vibration. The user pays no attention to the gloves — they are playing a memory game instead. At the end of this game, they remove the gloves and can perform the "muscle memory" skill, such as typing some braille.

Why did you decide to create these gloves?
We wanted to examine if more complex skills, such as typing, could be taught through passive haptic learning, a method that uses vibration without giving attention to the device that causes the stimulation. Braille is difficult and complex.

How did you find out that the gloves work?
The people that wore the gloves for passive haptic learning learned to read on average 93.3 percent of the alphabet in braille; they typed old and new phrases in braille with zero errors before the end of four hours. METRO WORLD NEWS

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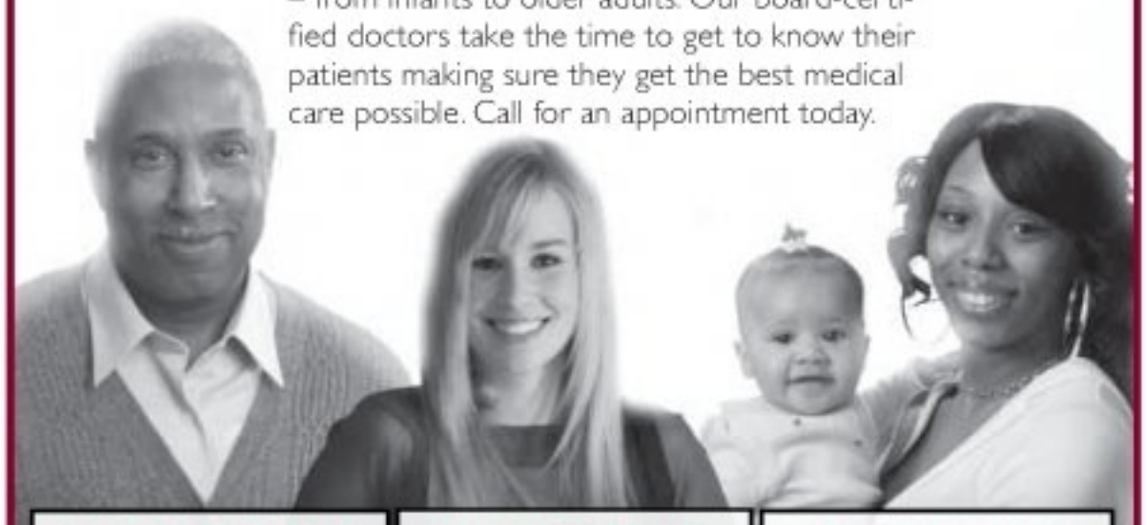

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2 CULTURE

Royal spawn update

You can bet on it (actually, you can't anymore)

I guess it's time to take seriously those rumors about Kate Middleton being knocked up again, as we now have the strongest indicator they might be true. British gambling firm Coral suspended betting on whether there will be a royal pregnancy announcement this month after an alarming number of overnight bets brought the odds on it from 10-1 to even. When in doubt, always check with the unrepentant gambling addicts.

THE WORD

Ned Ehrbar takes on the world of gossip.

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"OK, Beyonce, when you wear that mask, how do you think it makes Jay Z feel?" / ALL PHOTOS GETTY IMAGES

Jay Z and Beyonce's elevator going up

Jay Z and Beyonce reportedly have added a new member to their summer tour entourage: a marriage counselor — well, virtually at least. Sources tell the Daily Mirror that the married moguls have been meeting with a therapist via Skype while on the road to keep their relationship on course. "They have known their therapist for a long time and try to have weekly sessions just to keep communication open and make sure there are no misunderstandings," says a source familiar with the couple's dealings. And this is the point where the source would probably wink and whisper, "You know, like that whole elevator thing!" Though we don't have it on record that the source did say that. What we do have is the source concluding that "It's about maintenance rather than trying to fix anything hugely wrong."

Quote

"It's about maintenance rather than trying to fix anything hugely wrong."

Source, on the couple's therapy

London Lohan becoming a permanent reality

Lindsay Lohan is almost officially London's problem, so everybody just keep quiet until she's gone, OK? She finally scored herself a gig over there, and she's reportedly eager to make the move permanent, to the relief of drivers and nightclub patrons across the U.S. "I have a great place. It's very light and I feel safe," Lohan tells the Daily Express. "I think I am making the move to come over here." Lohan starts her run on the West End stage later this year, and she's already looking to head off speculation that she'll flake out on work. "I'm at a place in my life where I like the commitment. I'm looking forward to that part of it," she says. You go, girl. No, really: Go.

Lohan is loving London. Whew!

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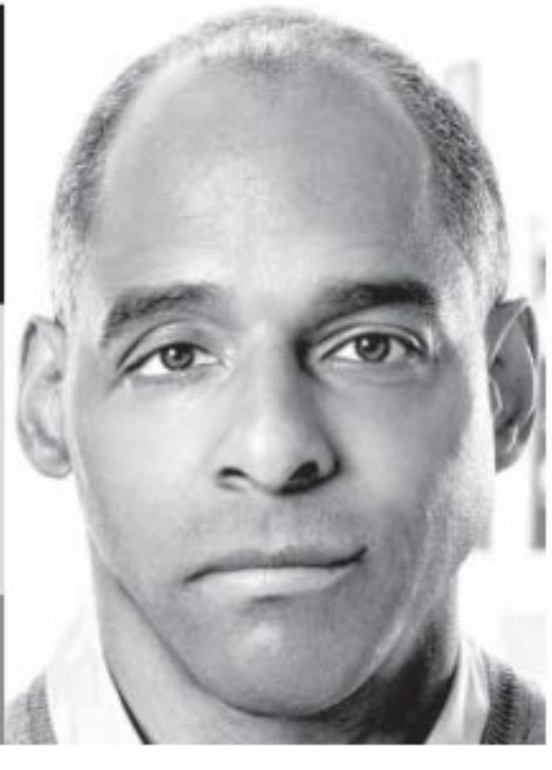

MEEK MILL AND A MOB WIFE ARE IN A PICKLE

BOLDFACE

A.D. AMOROSI

A.D. Amorosi is a journalist covering arts, entertainment and food news and gossip. He can be reached at divaland@aol.com.

Philly MC **Meek Mill** was sentenced to between three and six months after Common Pleas Court **Judge Genece Brinkley** found he violated his probation by not getting permission before booking out-of-town concerts and Tweeting lousy things about his prosecutor and probation officer. One fact lost in the prison news was Mill announcing a Sept. 9 release for his sophomore album, "Dreams Worth More Than Money." Its first single is "I Don't Know." Mill also jumped onto Twitter for a feud with his labelmate **Wale** and had one last fling at Delilah's gentlemen's club before hitting jail.

Two high-profile Philly Kickstarters are closing soon, with another just starting. Joshua O'Neill's Locust Moon Comics' crowd-funded "Little Nemo: Dream Another Dream," featuring 100 cartoonists paying tribute to "Nemo" illustrator **Winsor McCay,** met its $50,000 goal with $102,961 and time to spare. Chef **Michael Solomonov** and **Bill Golder-er**'s Rooster Soup Co. charitable chicken stock operation has $111,857 pledged of its $150,000 goal with a week-plus left.

Maybe turning mob wife wasn't the best call for Alicia DiMichele.
GETTY IMAGES

Then there's the Kickstarter campaign for Gary Ducket Pickles, created in part by Pizza Brain's **Brian "Brain" Dwyer,** who you can now call Brine. "We desperately want to dedicate our energy to giving Philly a pickle company it can firmly believe in," Dwyer writes.

"Mob Wives" co-star **Alicia DiMichele** may not be on the VH-1 reality series' next season, but she's still making headlines. The New York Daily News reported she'll pay $40,000 in Brooklyn federal court to Teamsters Local 282 for embezzling funds while doing the books for her currently jailed husband **Edward "Tall Guy" Garofalo Jr.** — which might be tied to the rumor DiMichele is selling or closing one of her Addiction Boutique stores, either Cherry Hill or South Philly, due to a mix of money woes and wanting to be closer to her family.

Seen on the scene

- World Cafe Live's Free at Noon welcomed onetime locals **Kevin and Michael Bacon** — the Bacon Brothers — who played tunes from their upcoming "36 Cents" album and hung with the kids of Live Connections, WCL owner **Hal Real**'s educational nonprofit music mentorship program. The Bacons were spotted hanging out at Hotel Palomar, where they stayed.
- While "Top Chef" **Nick Elmi** of East Passyunk's lauded Laurel and host **Mike Jerrick** looked on, Brewery Ommegang's HopChef event at Union Transfer crowned **Ben Puchowitz** of Cheu Noodle Bar its Top Hop. Chad Vetter of City Tap House took home the people's choice award.

Kevin Bacon was all smiles onstage at World Cafe Live.
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TV watch list

Halle Berry looks very concerned about her space baby. / DALE ROBINETTE, CBS

DRAMA

'Extant'

Molly learns more about the pregnancy that occurred during her time on a yearlong solo space mission. **9 P.M., CBS**

DRAMA

'Suits'

Harvey and Mike decide it's time for a cease-fire, but Mike learns a cease-fire isn't always the easiest solution to conflict.
9 P.M., USA

DOCUMENTARY

'Sex in the Wild'

This PBS series about the reproductive habits of animals takes on a big subject: elephants. Learn how female elephants pick out their dudes.
10 P.M., PBS

COMEDY

'The Daily Show'

Jerry Seinfeld stops by to chat with Jon Stewart. "Seinfeld," the TV show, just had its 25-year anniversary, so let's hope for some good behind-the-scenes gossip.
11 P.M., COMEDY LISA

12 years

Interview. Ethan Hawke can finally talk about "Boyhood," the secret project he's worked on since 2002.

ETHAN HAWKE REUNITES WITH RICHARD LINKLATER FOR "BOYHOOD," WHICH HITS THEATERS FRIDAY. FILMMAGIC

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a father

Ethan Hawke has been waiting a long, long time to talk about his new film "Boyhood." Directed by regular collaborator Richard Linklater, the film was made a month at a time over the course of 12 years to chronicle the lives of a boy (Ellar Coltrane), from age 5 to age 18, and his divorced parents (Hawke and Patricia Arquette). But they had to keep quiet — in the age of the Internet, no less.

"Last year, when Rick and I were doing press for 'Before Midnight,' people really started asking us a lot about it for the first time," Hawke says. "For a long time, even if it would be on IMDb or something, it didn't really make people's radar. It was hard for people to even understand what we were up to, and we certainly didn't want to talk too much about it before it was real."

He admits, however, "We really tried not to talk about it, but sometimes it was impossible. I would get too excited, and I have a blabbermouth anyway."

This is Hawke's eighth film with Linklater; the two first worked together on "Before Sunrise." But he says he'd like Linklater's films even if he wasn't in them. "So many movies, even if they're really entertaining and exciting ... leave you kind of feeling badly about your own life — like why you're not a superhero or why you don't ever get to meet blue aliens," he says. "But Rick seems to be satisfied with life as it is, and he doesn't feel the need to hyperbolize it. He thinks it's pretty dramatic and beautiful and exciting as it is. For me, that's kind of revolutionary."

NED EHRBAR
@Nedrick
ned.ehrbar@metro.lu

Predictions

May the Force be with you

There's a moment in the film, sometime around 2005 or 2006, when you discuss the idea of making new 'Star Wars' films. How did you know?

"The timing of it's fantastic, but certainly we all had a hunch about it. I had a hunch they'd milk that thing to death."

Quoted

"I've spent a large chunk of my life on film sets with him. And if you add up all the promotion and all the rehearsal, it starts to be a huge chunk of my life. And I just can't think of any better way to spend it."

Hawke, on director Richard Linklater

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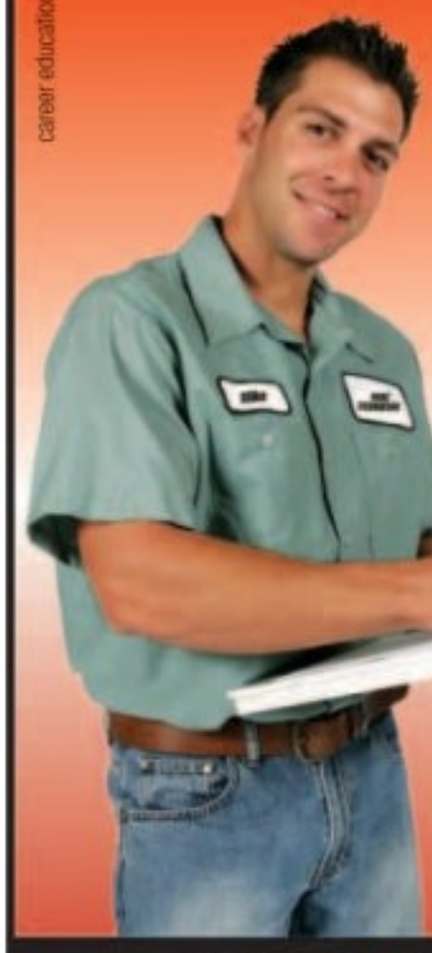

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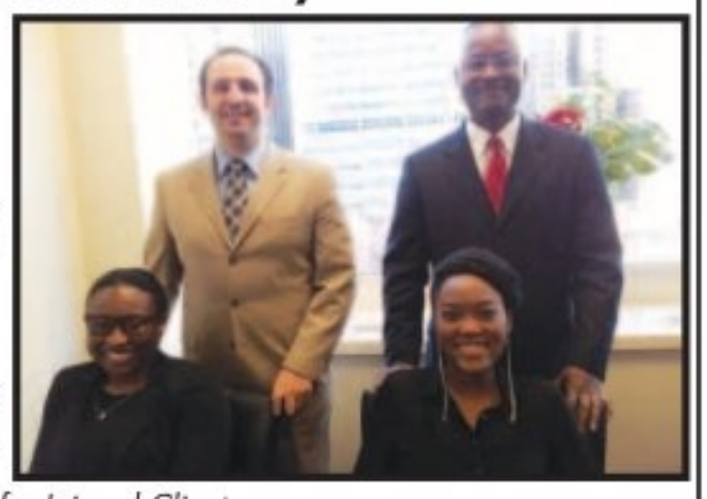

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*National Research Council. (2003) Elder mistreatment: Abuse, neglect and exploitation in an aging America. Washington, D.C.: The National Academies Press

Braff kicked the habit

Regrets?

The film is coming out in theaters this Friday and the campaign is behind you. Looking back, is there anything you'd do differently?
I wouldn't use Kickstarter again. It wasn't meant to be like, "Oh, this is how I'm going to fund all my movies." It was supposed to be a fun experiment with my fans. I don't want to imply to anyone reading that now I'm going to crowdfund all my movies.

Zach Braff examines a shot on the set of "Wish I Was Here." / FOCUS FEATURES

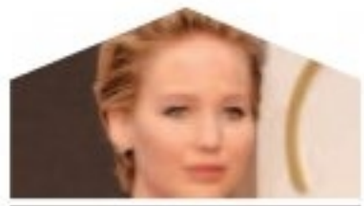
ZACH BRAFF'S LATEST FILM IS "WISH I WAS HERE," THE FIRST HE'S DIRECTED SINCE "GARDEN STATE." GETTY IMAGES

On the defense. Zach Braff says crowdsourcing for "Wish I Was Here" was supposed to be a fun experiment.

Zach Braff got a lot of attention when he turned to Kickstarter to raise money for his second film as a director, "Wish I Was Here" — and not all of it was positive. The campaign was a resounding success, and the film debuted at the Sundance Film Festival, but Braff found himself the focus of plenty of online ire.

A really good Internet mantra is "never read the comments." Do you tend to take that to heart?
Oh, I never read comments. If you're a creator of content and you're not a masochist, you know where not to go. You don't go to comments sections on IMDb or Deadline or any of those places because it's just a place for people to be mean for meanness' sake. Everyone should be able to take criticism, good and bad, and I can handle that, but mean for meanness' sake — why would you do that to yourself?

When you do a massive online crowdfunding campaign, you open yourself up to people complaining about it.
Of course. It was frustrating for me when it was uninformed bloggers. People said I had no place on Kickstarter, and everyone weighed in on that. Finally the CEO of Kickstarter said, "He drove more traffic to our site than anyone ever has, and those people not only came but they stayed and funded other things." When I do these screenings across the country, just for fun and to prove a point, I'll go, "Raise your hand if you went to Kickstarter for the first time when I introduced you to it and went on to fund other things." Seventy percent of the hands go up in every screening. But no one reports that, because that's not clickbait.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The Weekly Yelp. French fries

So you forgot to celebrate Bastille Day on Monday, July 14? That's okay. Some might say that digging into any of these delicious dishes serves as a proper ode to our comrades in France. Bon appetit!

There may be a lot of places called Nick's Roast Beef, but this is what they serve at Nick's Original Roast Beef! STEVEN V./YELP

Kraftwork

541 E .Girard Ave., Fishtown
My go-to is the burger. Fantastic meat. Awesome selection of cheese. Cooked perfectly. Fried egg on top? Why not? Perfect shoe string fries with homemade mustard. Boom. **MICHAEL N.**

Nick's Old Original Roast Beef

2149 S. 20th St., South Philly
Best roast beef sandwich around, hands down. ... By the way, if you leave without trying the "gravy fries" you're doing yourself a great injustice. The gravy fries are crispy golden fries drizzled with gravy and tiny beef chunks. Out of this world! **STEVEN V.**

Good Dog Bar

224 S. 15th St., Rittenhouse Square
For an entree, I ordered the Good Dog Burger. ... It came with a mix of their potato and sweet potato fries and their house made aioli. I thought my taste buds died and went to heaven – it was that good. **LAUREN M.**

Monk's Cafe

264 S. 16th St., Rittenhouse Square
Seriously, who doesn't love this place? The mussels are super amazing. ... And the fries that go with it? So delish. ... If you don't believe me, then just go yourself. **DAVID S.**

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DIY. The editors at Wayfair help us get crafty with flea market finds.

Visit **Metro.us** to learn how to turn an old game board into a glam tray.

This happens every summer: You excitedly head to flea markets and tag sales determined to transform some crappy old icebox into, say, a vanity, which will then be the impetus for your very own lifestyle brand. But instead you end up with yet another guilt-inducing dust-collector that judges you and gnaws at your creative soul every time you dig for shoes in the back of your closet, where it currently resides.

Thankfully, the editors at Wayfair braved the Brimfield Antique Show and came up with easy, affordable (under $40!) DIYs to get your inner Martha Stewart warmed up.

TINA CHADHA
@TinaatMetro
tina.chadha@metro.us

Give your home a beachy feel with this nautical showpiece.
ALL PHOTOS WAYFAIR.COM IDEAS & ADVICE

PLUS

Finishing touches

Hanging the oars

Paint 2-inch carpentry nails black and use three nails to hang each oar. Place one nail at the throat of the paddle (where the shaft meets the blade) and two nails right below the grip of the oar (one on the top and one on the bottom) to hold the oar in place.

Project. Nautical flair

Vintage oars get a makeover with graphic prints. "The combination of vibrant paint and weathered wood results in an eye-catching wall art display," says managing editor Catie Parrish. She shows us how.

Supplies

- Three used oars
- Fine-grit sandpaper
- Painter's tape
- Acrylic paint
- Paint brushes (varying sizes)
- Clear spray paint, gloss finish
- Black rope or paracord (optional)
- Nails (for hanging oars)
- Drop cloth (for painting and spraying)

Directions:

1 "Start with the color palette and design. Our designs were inspired by painted oars we've seen on Pinterest."

2 "Lightly sand the blades of the oars with a fine grit sandpaper. This helps to smooth out places the oars may have been chipped and gives the paint a better surface to adhere to."

3 "Tape off the design for each paddle with painter's tape. Some designs will have to be done in stages. Make sure to measure twice to make sure you're getting the right line and angle."

4 "Paint the oars according to your design. We used three or more coats of paint to ensure a rich color. Remove the painter's tape before the paint completely dries to prevent the paint from chipping or pulling away with the tape."

5 "Once you're happy with the design and color, apply a coat of clear gloss spray paint to each oar blade to seal and protect the paint."

6 "As a finishing touch, we wrapped black paracord at different points along the shafts of the oars."

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Highlights from Paris Couture Week

1

Modernist

Christian Dior

You might wonder how astronaut-style jumpsuits and Marie Antoinette-inspired dresses would make their way into the same show, but designer Raf Simons did just that. The designer's masterful modernism was the common thread that wove its way through the house's iconic bar jacket to Edwardian coats and flight suits.

Architect

Chanel

Great craftsman Karl Lagerfeld turned concrete into couture. The designer looked to Le Corbusier — the doyen of Modernist architecture — in a brutalist-meets-baroque collection. Clothes were molded around models' bodies in coatdresses over skirts and shorts with tile-like detailing. It was a creative duality that reached its pinnacle in the finale with seven-month-pregnant model bride Ashleigh Good enshrouded in an egg-shaped embroidered gown. Maternity chic, anyone?

3

Goddess

Valentino

Designers Maria Grazia Chiuri and Pierpaolo Piccioli went easy-breezy with see-through, flesh-revealing gowns. It was 21st-century dressing via Pre-Raphaelite classicism and Roman goddesses. Indeed, front-rower Kim Kardashian, with her abundant Venus-like assets, might well struggle to embody the spirit of this collection. MWN

Front row. Celeb fans of haute couture

BUXOM BEAUTY KIM KARDASHIAN SHOWS OFF HER ASSETS AT VALENTINO. / ALL PHOTOS GETTY IMAGES

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Roll 'em up. TVs that you can bend may soon be real

LG will soon have TVs you can roll up into a tube, if you're into that sort of thing. / LG

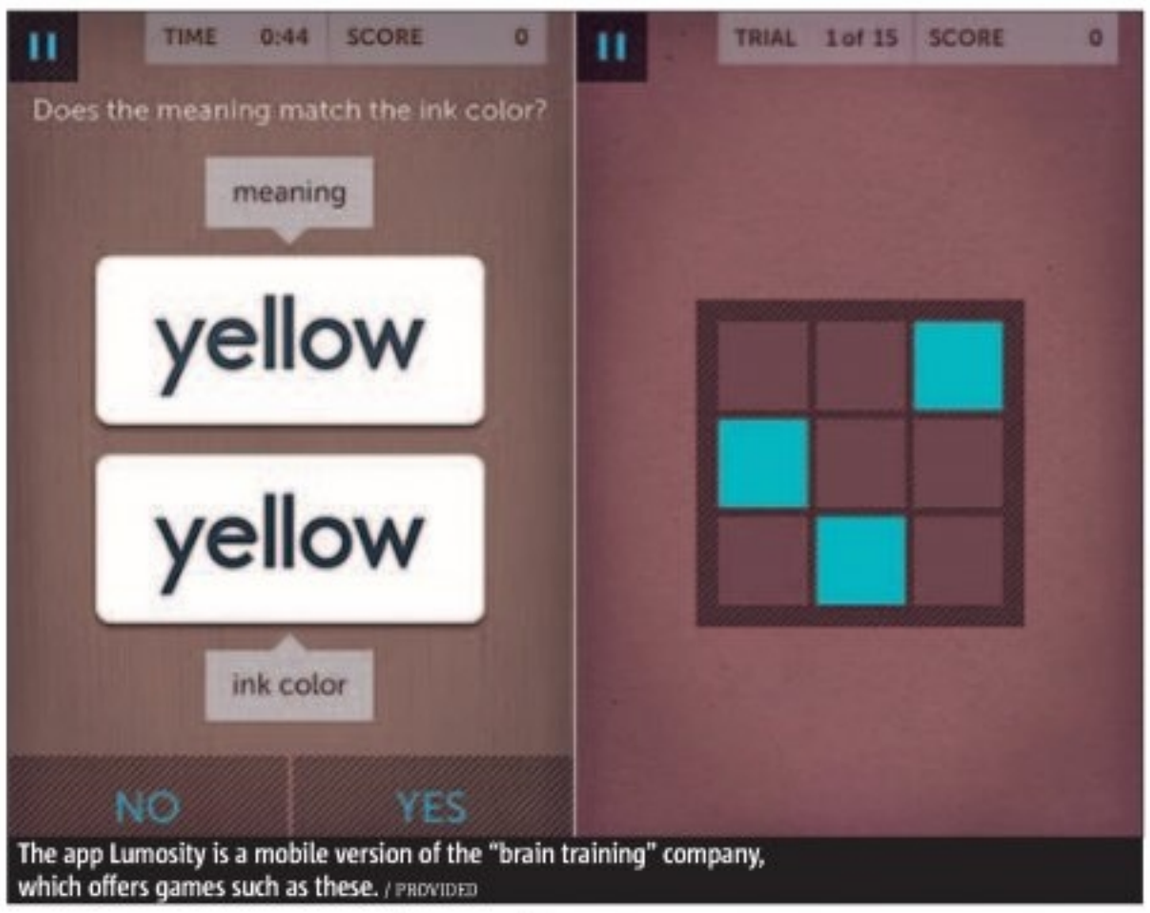
For years now, science has dreamt of creating fully flexible screens, allowing us to watch old "Cheers" episodes on something pliable. But each time a new hurdle is surpassed, a new one crops up to take its place. Electronics manufacturer LG, however, might have just cracked the code.

The company has announced it has just created an 18-inch OLED display that is so flexible it can be rolled into a tube, which would make for one hell of a high-tech kaleidoscope. The working prototype has a resolution of 1,200 x 800, which is pretty darn crisp.

How does it work? The backside is outfitted with a polyamide film that allows for ultimate pliability and an even thinner screen. Of course, this is just a prototype, so who knows when these will start showing (or rolling) up on store shelves. Also, nobody really wants to watch "Cheers" that way (yet).

LAWRENCE BONK

TRAIN YOUR BRAIN — OR SIMPLY WASTE TIME BETTER



The app Lumosity is a mobile version of the "brain training" company, which offers games such as these. / PROVIDED

Does it work?

The critics

The Lumosity site boasts about the program's scientific bona fides. There's talk of peer-reviewed papers and multiple studies about how Lumosity has helped cancer survivors and patients with mild cognitive impairment. Some off-site reports are more mixed and suspicious of its claims, noting weak sample sizes and a general atmosphere of hot air. But anything that keeps you from scrolling through Instagram is, at the very least, a productive way to occupy a time-suck.

Lumosity

Price: Free
Platform(s): iOS

We tend to fret the most over our bodies. We anguish over diets and exercise and how much we're moving and how much we're sitting. (And never forget: Sitting equals death.) We're so busy with physical health that we can forget there's another aspect of our bodies that we should be unhealthily freaking out over: our brains. When the mind goes, it doesn't matter how our knees feel or abs look.

Some of us are smart enough to keep our minds regularly active; some believe doing a daily crossword staves off Alzheimer's. That might be true, and if so, might hold true for Lumosity, too. Founded in 2007, the online "brain training" company has sought, using the combined mental prowess of neuroscientists, to make simple games to activate the mind. One can play these on computers or on a smartphone, since if you're going to mess around with your phone to kill some time, you might as well do something productive.

First, Lumosity asks what cognitive skills you're looking to improve, such as "lose fewer objects" or "remember people's names." From there, you can choose from over 40 games, which include ones for memory — such as recreating patterns — or ones that test mental quickness. One has you judging whether the same shape has been repeated, which is harder than you might think.

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We've heard of headaches before sex, but after?

This week in health. Alcohol's toll, a diet shocker and fatigue's role in bad decisions.

Scientists explore sex hangover

Results: If getting frisky brings on a headache, you're not alone. Headaches associated with sexual activity represent a long-standing health issue. (Records go back to the time of Hippocrates.) Many are reluctant to speak openly about it; for the 1 to 2 percent of people who do report it, the episodes can be frighteningly painful. It can occur at different points during sexual activity, but they most commonly happen during orgasm. Experts say orgasmic headaches can be explosive and throbbing.

Significance: "They are obviously very scary because of the severity and the rapid onset of the headache," said Dr. Jose Biller, chairman of the department of neurology with Loyola University Chicago's Stritch School of Medicine. Though usually harmless, sex headaches should still be investigated by a doctor, as they can be brought on by a serious underlying condition including stroke, aneurism or a tumor. Biller advises anyone who experiences a sex headache to seek medical treatment to rule out any dangerous complications. In general, men are three to four times more likely to experience sexual headaches than women.

Fruits, veg don't affect weight loss

Results: When it comes to shedding unwanted pounds, many of us reach for more fruits and vegetables. Others eat them in moderation, believing that they actually encourage weight gain. But new research suggests that when it comes to weight loss, fruits and veggies do not play a vital role. According to researchers at the University of Alabama at Birmingham, eating fruits and vegetables without making any other lifestyle changes appears to be an ineffective weight-loss approach. Conversely, the idea that eating additional fruits and vegetables can make people pack on pounds is also unfounded.

Significance: "Some people don't understand that while some fruit and starchy vegetables do contain a large number of calories, our bodies are really pretty good at compensating," said Dr. Kathryn Kaiser, instructor in the UAB School of Public Health. For those looking to lose pounds, other important lifestyle modifications need to be made, such as cutting calories and increasing physical activity. For best results, Kaiser suggests consulting with a doctor or nutritionist to create a feasible plan.

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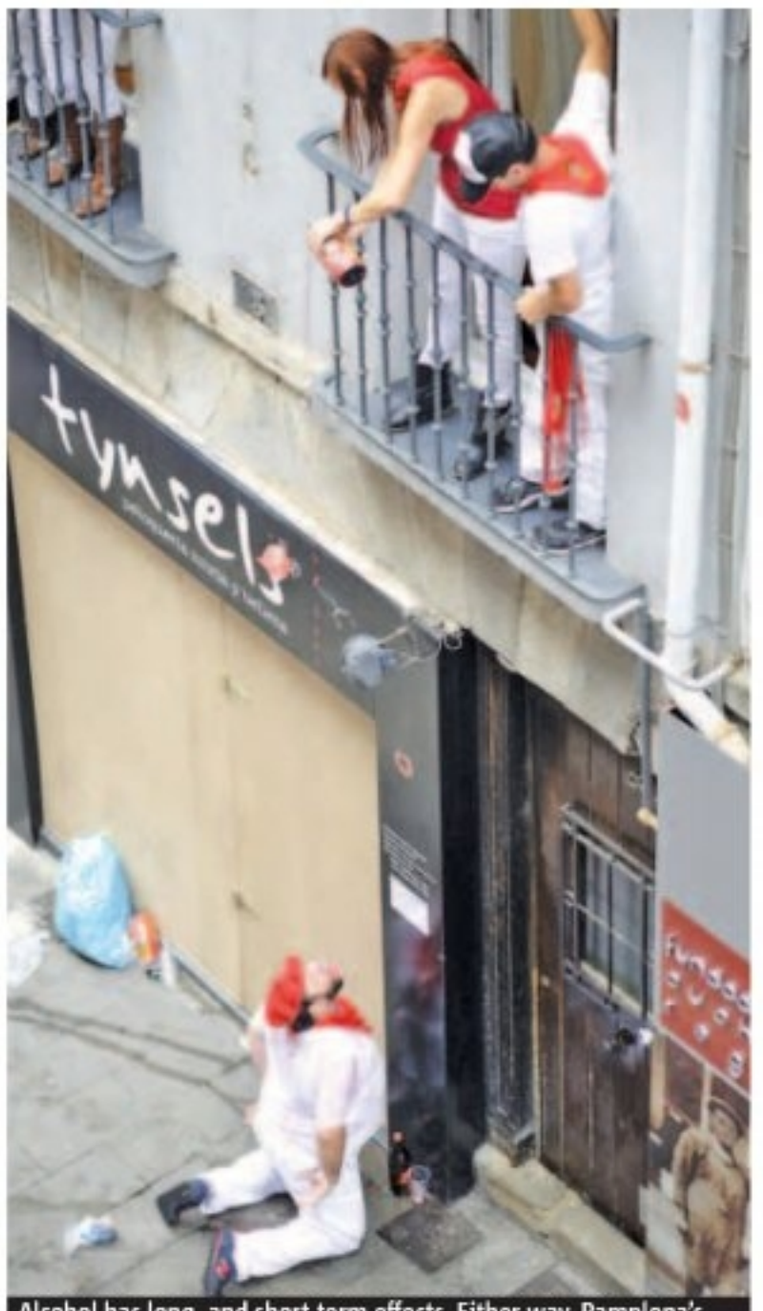

Alcohol has long- and short-term effects. Either way, Pamplona's annual running of the bulls is not really the time for it. / GETTY IMAGES

Study

Drinking linked to 1 in 10 deaths

Results: Excessive drinking is linked to 10 percent of deaths among adults 20 to 64 years old. According to a new report by the Centers for Disease Control, it accounted for roughly 88,000 annual deaths from 2006 to 2010. Almost 70 percent of these occurred in working-age adults. Experts say that health effects from prolonged heavy drinking were behind most of the fatalities. These include breast cancer, liver disease and heart disease. Alcohol-related deaths were also linked to heavy drinking during short periods of time — think alcohol poisoning, violence and car crashes.

Significance: The CDC says extreme drinking is a leading cause of preventable death in the U.S. In the report, one representative called the public health impact of excessive drinking "shocking." The CDC characterizes excessive drinking as binge drinking, heavy drinking, underage drinking and alcohol use by pregnant women.

Study

Tired workers lie and cheat more

Results: Whether you're a morning person or a night owl, there may be certain times of day that make people more likely to lie or cheat. According to a team of researchers from Johns Hopkins University, the University of Washington and Georgetown University, feeling tired increases the odds of behaving unethically. After examining the results of two different studies, investigators reported that night owls are more likely to lie or cheat in the morning. Conversely, morning people are more likely to be dishonest in the evening hours.

Significance: Researchers say that energy and alertness are directly linked to our circadian rhythms. If required to make decisions at a time of day when energy is low, people may feel more inclined to cheat. For managers, tasking employees with ethics-testing decisions during a low-energy period may encourage unethical behavior.

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Head Start

Horoscope

♋ Cancer | June 21-July 22. A diligent pursuit of knowledge will help you raise your earning potential. Being prepared for any situation will get you ahead.

♌ Leo | July 23-Aug. 22. Keep your money and valuables in a safe place. Protect what you have worked so hard to accumulate. A humble attitude will get you far.

♍ Virgo | Aug. 23-Sept. 22. Make plans to spend time with the people you most enjoy being with. Romance is in the stars, and a closer relationship is near.

♎ Libra | Sept. 23-Oct. 22. Tread carefully when discussing important issues with friends, colleagues or family. Keep your thoughts to yourself.

♏ Scorpio | Oct. 23-Nov. 21. Go ahead and make subtle changes to your appearance or image. Developing your interests is a great way to increase your knowledge.

♐ Sagittarius | Nov. 22-Dec. 21. You will come up against some strenuous opposition at home. Resist the urge to get into a debate.

♑ Capricorn | Dec. 22-Jan. 20. It's imperative that you meet your deadlines. Once you have fulfilled your obligations, get together with friends for some fun.

♒ Aquarius | Jan. 21-Feb. 18. Don't try to shirk your career. Your financial situation will take a dive if you need to look for a new position. Protect what you have worked so hard for.

♓ Pisces | Feb. 19-March 20. Decide what you want and go after it. With determination, you can overcome any limits or obstacles that stand in your way.

♈ Aries | March 21-April 20. Get in touch with people you haven't seen in a long time. If travel is not an option, make calls to find out how everyone is doing.

♉ Taurus | April 21-May 21. Reevaluate your intentions and motives. It may be time to move on if you feel you are involved in it for the wrong reasons.

♊ Gemini | May 22-June 20. Now isn't the time to make changes. Keep your intentions a secret for now. You will get further ahead by doing your job competently. BERNICE BEDE OSOL

Sudoku: Easy and hard

1	7	6	5			2		
					2		9	6
		4		8	6			
		2	7					8
9								1
6					8	9		
			9	1		8		
3	2		8					
		9			3	6	1	4

1	7				8		6	
			1	3	6			8
			4					5
		2		4		8	9	
	8						5	
	1	9		7		6		
9					4			
5			9	6	3			
	3		5				4	9

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

No need to suffer gun violence

Another senseless shooting took place in Houston recently, and I still lose sleep at night wondering why this country allows guns to be owned by people who are not fit to own one. I do not want to accept the fact that my children and their children will always be living in a country where the gun lobby is so strong that there will never be a change for the good. Maybe if more celebrities take up the cause, we would have more of a chance to make a change, since it seems that so many Americans look up to professional sports figures and celebrities.
CAROL SOSENKO, VIA EMAIL

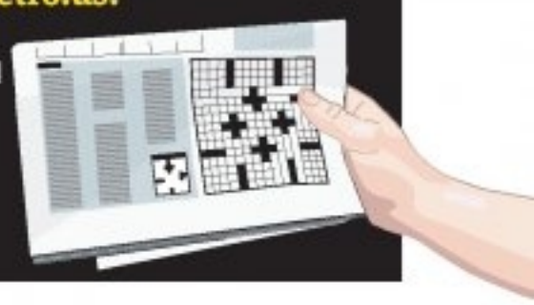
Reading to your kids is a gift long-term

Re: '5 reasons to read to your kids' (Metro, July 15) Very interesting and truthful article. I experienced that with my son, who's now 16 years old. Back when he was a baby, I read to him while waiting for the day care to open its doors. Today I can say I gave something for my son that he will treasure for the rest of his life: a love for reading.
GLORIA QUIAH, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

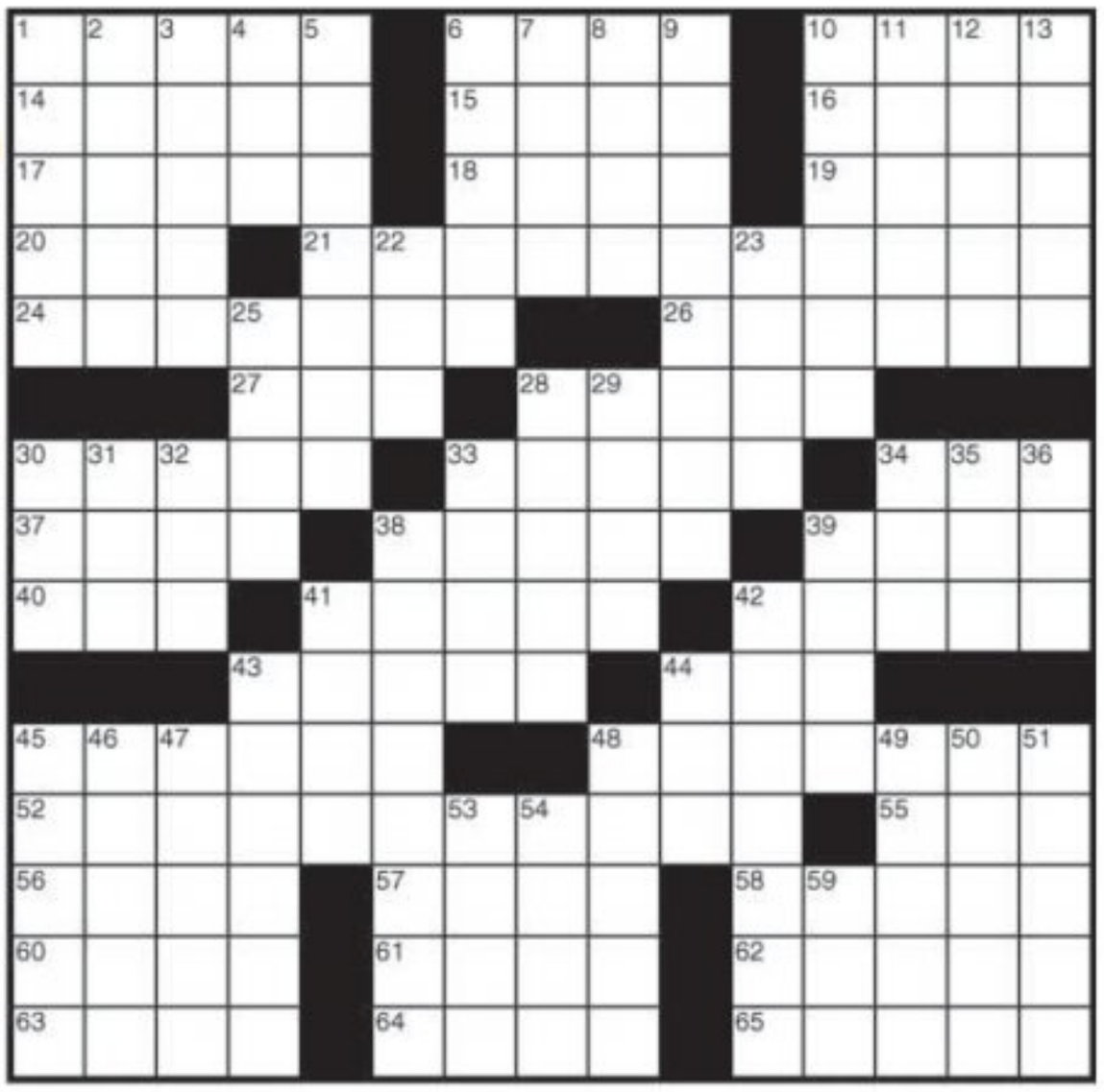
Visit us online at **Metro.us.**
Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.



Crossword

Across
1 Romantic isle
6 Had debts
10 Refuses to
14 Over
15 El —, Texas
16 Melville opus
17 Kim of "Vertigo"
18 Purina rival
19 Rough file
20 Spleen
21 Tentacle possessors
24 Bull's-eyes
26 Worried
27 Ignored a diet
28 Yacht spot
30 Quick reminders
33 Ms. Reno
34 Robust energy
37 Racetrack
38 Cloudbursts
39 Blondie's shrieks
40 Prohibition
41 Cults
42 Seattle's Sound
43 Hogsheads
44 Flair for music
45 LP protector
48 Staff cuts
52 Wild uproar
55 Stein filler
56 Early movie dog
57 Kind of muffin
58 Ringmaster
60 Hoofed animal
61 Jet route
62 Saw
63 Blows it
64 Joie de vivre
65 Easily irritated

Down
1 "Oh, be quiet!" (2 wds.)
2 Where Aesop shopped
3 Patio block
4 Narrow inlet
5 Some printers
6 Translucent gems
7 Room divider
8 Catch a glimpse
9 Goofballs
10 Become more severe
11 Nebraska city
12 Plane tips
13 — -turvy
22 Paris season
23 Rolling — (rich)
25 Liverpool poky
28 Sets a trap
29 Beattie and Jillian
30 Marshal's problem
31 Ms. Gabor
32 Homo sapiens
33 Trunk tool
34 — out (relax)
35 "I Like —"
36 Albuquerque hrs.
38 Favor
39 Mark's successor
41 Squirrel away
42 Installment
43 Fragrant trees
44 – de cologne
45 Hammett gumshoe Sam
46 Powerful beam
47 Register for
48 Flax product
49 — and figures
50 Swift-footed
51 Squalid
53 Kind of hygiene
54 Granny
59 One of the Three Stooges



Yesterday's answer

A	L	O	U	D	■	R	S	V	P	■	A	Y	E	S
T	E	M	P	E	■	A	M	I	E	■	M	O	N	A
M	A	S	T	S	■	J	U	N	G	L	E	G	Y	M
■	■	U	P	D	A	T	E	■	A	L	I	A	S	■
M	I	R	R	O	R	S	■	■	O	B	I	■	■	■
A	G	E	N	T	S	■	F	A	D	E	A	W	A	Y
R	U	L	E	S	■	Y	O	D	E	L	■	E	L	I
R	A	I	D	■	R	E	A	D	S	■	P	A	L	E
O	N	E	■	P	E	A	L	S	■	B	A	S	I	L
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H	U	M	P	B	A	C	K	S	■	A	I	D	E	D
A	C	E	S	■	D	U	E	T	■	U	S	A	G	E
D	E	N	Y	■	E	D	D	Y	■	S	E	D	G	E

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British Open betting guide

The Open Championship begins early Thursday morning — and a certain Tiger is back on the prowl looking for a major title.

The third major of the golf calendar is upon us and while he may only be an 18-1 shot to win, Tiger Woods is back in the sports news.

Woods missed the Masters and U.S. Open after undergoing back surgery. But he's ready to go at Royal Liverpool.

Phil Mickelson, Sergio Garcia and the usual big names will all be there as well.

But while there will be 156 players vying for the $1.67 million first-place prize, we look at a handful of players who could put money in your pocket.

MARK OSBORNE
@MetroNYSports
mark.osborne@metro.us

Favorites

Justin Rose: 14-1
The last time an Englishman won was 22 years ago, but Rose is tied atop the books. He won June 29 at the National and he's not a bad choice, even as favorite. Rose is also no stranger to rugged terrain, having won the 2013 U.S. Open at a fast and treacherous Merion Golf Course.

Rory McIlroy: 14-1
He missed the cut at the Irish Open a few weeks ago and would seem an unlikely choice to win. However he will be close to home, and his game is long and accurate. If he fires on all cylinders he could vie for his first Open Championship.

Adam Scott: 16-1
He hasn't played a tourney since the U.S. Open, but has two straight top-3 finishes at the British Open. His name always finds its way toward the top of a major championship leaderboard, and the Aussie should be in contention come the weekend.

JUSTIN ROSE WON LAST WEEK IN THE SCOTTISH OPEN IN A TUNEUP FOR THE OPEN.
ALL PHOTOS GETTY IMAGES

Moneymakers

WATSON IS LOOKING FOR HIS SECOND MAJOR OF THE YEAR.

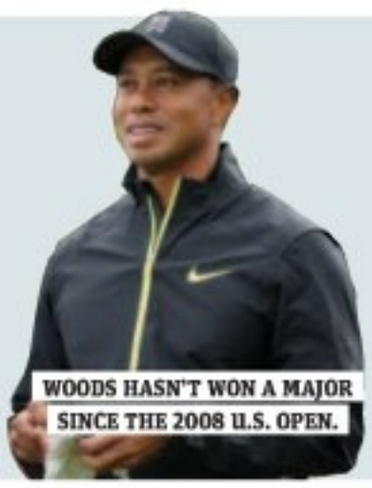
Rickie Fowler: 33-1
He's still waiting to break through in a major, but he's been playing well in every big event this year. He has Top-5 finishes in the WGC Match Play, Masters and U.S. Open.

Bubba Watson: 40-1
Watson's never had much success at links golf, hence the higher odds, but he does have two wins this season, including the Masters. No one is playing better, so maybe he finally solves the Open.

Ian Poulter: 50-1
The Englishman finished third last year and has plenty of links experience in his career.

But what about Tiger?

Tiger Woods: 18-1
It doesn't matter that Woods has played just two rounds of competitive golf since March (his own tournament in D.C., where he missed the cut), he's still fifth on the board because people will put money on him. Don't be one of those people. Woods will not be winning this weekend. If Woods wants to avoid being left off the Ryder Cup squad this fall, he will need to put together some sort of top 10 finish. Otherwise, he will hope to be a captain's choice.



WOODS HASN'T WON A MAJOR SINCE THE 2008 U.S. OPEN.

The Open pairings

The tournament gets underway early Thursday morning. We look at some of the notables:

- **Group 13**: Luke Donald, Rickie Fowler, Sergio Garcia — 3:37 a.m.
- **Group 15**: Tiger Woods, Angel Cabrera, Henrik Stenson — 4:04 a.m.
- **Group 41**: Phil Mickelson, Ernie Els, Bubba Watson — 9:05 a.m.
- **Group 43**: Adam Scott, Justin Rose, Jason Dufner — 9:27 a.m.

3 SPORTS

Graham slam

Graham signs mega deal

Saints tight end Jimmy Graham inked the biggest tight end contract in NFL history Tuesday. He is slated to earn $40 million over four years, with an impressive $21 million guaranteed. Over the past three years, Graham has led all NFL players with 36 touchdown catches.

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Noel can do better

Noel continues to round into form in Vegas

Nerlens Noel is producing just as expected in the Las Vegas Summer League. The center blocked four shots in a recent loss against the Cavaliers, and also posted double-digit points in limited minutes.

But Noel is his own toughest critic, and following the nine-point loss to Andrew Wiggins' squad, the Kentucky product was honest with reporters.

"I just felt I wasn't active enough," Noel said. "I felt my energy was a little down. I've got to stay up on that, even through the little cough and cold that I have. So I've got to keep building my stamina."

EVAN MACY

Noel has played solidly in all four Summer games. / GETTY IMAGES

Danny Cruz and the Union must produce this week. / GETTY IMAGES

Union still alive and kicking

MLS. The Union have their most important stretch of games ahead as they look to turn around their season.

Just because the World Cup ended on Sunday, doesn't mean that soccer fans in the Philadelphia area can't continue to get their soccer fix for the rest of the summer.

The Union (4-8-7) under new interim manager Jim Curtin seem to be headed in the right direction, much to the liking of the blue and gold supporters. In his regular-season coaching debut with the team, they picked up a 3-1 victory over the fourth-place New England Revolution and registered a 3-3 draw this past weekend against the Colorado Rapids (7-5-6).

They'll play two telling matches this week against the New York Red Bulls (5-5-8) and Chicago Fire (3-4-10) which could dictate their record for the rest of the season.

"These are huge games, both of them," said Curtin. "We're going to have to do something that this club hasn't done this year which is win three games in a row. … When I look ahead in our schedule I see nine games at home and three on the road. I told the team that at some point we're going to have to go on a run. We need an upward movement in the standings now because we've dug ourselves a big hole."

The Union, who've already struggled mightily on defense this season, will play Wednesday's game without top defender Amobi Okugo. He's serving a one-game suspension after receiving a red card following this past Saturday's match against the Rapids.

"There's been a lot of good performances on an individual basis although there's still two ways this New York game can go," said Curtin. "You can feel sorry for yourself or you can get off the mat and compete. It's a real swing game which can make the season go either way. … It's very important that we go out and get these three points at home."

Wednesday's match against New York will air at 7 p.m. on ESPN2. Saturday's match vs. the Fire will air at 8:30 p.m. on Comcast SportsNet.

JEFF MCMENAMIN
@Jeff_McMenamin
sports@metro.us

Scouting report

Jim Curtin spoke about facing Red Bulls' forward Thierry Henry:

- "I don't need a scouting report of 20 pages to tell me that Thierry Henry is good at soccer. … As he goes, New York goes."

STRAIGHT Talk

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Coloplast

MLB. Lee ready to return to Phils, says changes must happen

Cliff Lee is a competitive guy, and one who hates to sit on the sidelines.

So after making his final rehab start, a 4.2 inning stint in Clearwater that was less than impressive (eight hits and eight runs), Lee is slated to rejoin the Phillies in Atlanta this weekend.

He is expected to make a handful of starts for the Phillies before the July 31 trade deadline.

With the deadline looming and Lee's name among many rumored to be headed out the door in a possible fire sale, the lefty weighed in on the future of the team and his future with them.

"Whether it's guys changing their approach or expectations or changing their scenery altogether, something has to change," Lee told the Inquirer's Bob Brookover. "It's up to us individually if we're going to change our approach, our work ethic or if you're willing to accept being traded. A lot of us don't have a 100 percent say on that, but there are a few guys who have full no-trade rights who have to make that decision. Each individual has a right to view it however they want."

Lee is making his second stay in red pinstripes but could be involved in a fourth trade to or from the Phillies.

He has been a consistent producer on the field. All Ruben Amaro and company can do is hope he provides a worthwhile return on the trade market.

During his career in Philadelphia, Lee twice was in the top six for Cy Young voting (third in 2011, sixth in 2013). Both years he was also an All-Star selection for the Phillies.

So far this season in 10 starts, Lee has a 4-4 record with a 3.18 ERA.

EVAN MACY

LEE COULD REMAIN IN PHILADELPHIA FOR LESS THAN A MONTH. GETTY IMAGES

Lee by the numbers

Cliff Lee has posted very impressive numbers during parts of five seasons with the Phillies.

- He has a 48-33 record with a 2.89 ERA.
- He also has 12 complete games with eight shutouts as a Phillie.
- Lee had two incredible months as a Phillie in 2011. He went 5-0 in both June and in August, and posted ERA's of 0.21 and 0.45 respectively.

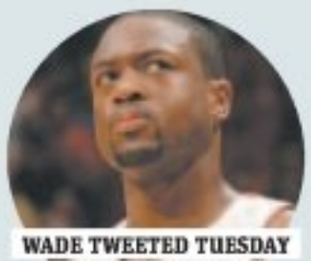
Quoted

"I feel I signed with Philadelphia to come here and win a championship and that's what I want to do. That's where my focus is and that's what every guy's focus on the team should be. You should focus on winning every game to get to the postseason and win the World Series. That's where my focus is going to stay." Cliff Lee

Heart in Miami

Wade inks two-year pact to stay with Heat

Life goes on after LeBron James for the Miami Heat. With Chris Bosh signed to a max-contract and room for Luol Deng (to replace James), Wade decided to remain a lifelong member of the heat with a two-year deal worth somewhere in the $34 million range. The deal is around a $5 million pay cut. METRO



WADE TWEETED TUESDAY WITH THE HASHTAG #HEATLIFER. /GETTY IMAGES

Embiid recovering

Sixers' first-rounder should bounce back

Joel Embiid had foot surgery just before the 76ers made him the No. 3 overall pick in the NBA draft.

His surgeon, Dr. Richard Ferkel, told The Philadelphia Inquirer that "Once he's fully healed, his chances of having a long career are very good." METRO

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2011 VOLKSWAGEN JETTA SE — 19k Miles
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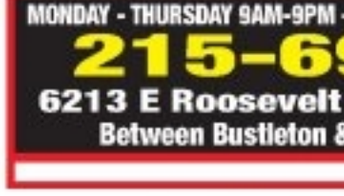
$13,900 $269/Month

2011 TOYOTA CAMRY LE — 50k Miles
Fuel Efficient, CD/MP3, 160 Watt Stereo, Bluetooth, Climate Control, Cruise Control, Power Everything, Keyless Entry
$13,900 $269/Month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$13,900 $269/Month

2008 HONDA ACCORD EX-L — 60k Miles
CD/MP3, 270 Watt Stereo, Subwoofer, Dual Zone Climate Control, Cruise Control, Alloy Wheels, Moonroof, Leather, Heated Seats
$14,900 $289/Month

2010 DODGE CHARGER — 28k Miles
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$15,900 $319/Month

2009 AUDI A4 QUATTRO PREMIUM — $0 Down
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$16,900 $339/Month

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MLB power rankings | by Ryan Hannable

No. 1

Athletics (59-36)

The Athletics left little doubt they are the best team in baseball at the All-Star break, winning seven of their last 10. They had two participants in the Home Run Derby in Yoenis Cespedes (who won for the second-straight year) and Josh Donaldson, who have played major roles in the A's second highest-scoring offense in the AL. They also have a major league-leading plus-145 run differential.

No. 2

Angels (57-37)

The hottest team in baseball may very well be the Angels at the moment as they have won five straight and nine of their last 10 games.

No. 3

Dodgers (54-43)

Los Angeles' rotation has paced them all year as Clayton Kershaw's 11 wins are tied for third in the NL and Josh Beckett's 2.26 ERA is also third.

No. 4

Brewers (30-22)

Things aren't going well for the Brewers as they have dropped eight of their last 10 games and lead the NL Central by one.

No. 5

Tigers (53-38)

Following a sluggish start, the Tigers have been playing like the defending AL runner-ups of late as they have opened an 8 1/2-game lead on the Royals.

No. 6

Cardinals (52-44)

Starter Adam Wainwright and his league-leading 12 wins and league-low 1.83 ERA has paved the way for him to start for the NL in the All-Star Game.

No. 7

Orioles (52-42)

Baltimore closed out the unofficial first half of the season strong to open up a four-game lead in the American League East.

No. 8

Giants (52-43)

Not only will the Giants be in the running for the NL West crown, but they will also be serious players for the NL wild-card during the second half.

No. 9

Mariners (51-44)

The Mariners have been led by ace Felix Hernandez and his AL-leading 2.12 ERA to earn the starting nod for the AL in the All-Star Game.

No. 10

Reds (51-44)

Despite being injured, ace hurler Johnny Cueto is fifth in the NL in wins with 10 and is second in ERA at 2.13.

No. 11

Nationals (51-42)

They are tied with the Braves in the NL East, but do they have the experience to stay there when it matters most in September?

No. 12

Braves (52-43)

Aside from getting tremendous starting pitching, Atlanta's bullpen has been rock solid, led by Craig Kimbrel and his 29 saves.

No. 13

Pirates (49-46)

Andrew McCutchen had a very productive first half, hitting .324 with 17 home runs and 61 RBIs. The Bucs are 3 1/2 games out.

No. 14

Blue Jays (49-47)

Following the injury to slugger Edwin Encarnación, Toronto has fallen out of first place in the AL East and trail the Orioles by four games.

No. 15

Yankees (47-47)

New York took a real blow this week when it was learned rookie Masahiro Tanaka has a partially torn ulnar collateral ligament in his pitching elbow.

No. 16

Indians (47-47)

Only 7 1/2 games back in the division means Cleveland isn't out of it yet, but the Tribe will need to get things going quickly.

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Court of Common Please for the County of Philadelphia, June term, 2014, No. 431.
Notice is hereby given that on June 4, 2014 the petition of: Donovan Lee Mott was filed, praying for a decree to change his name to Donovan Lee Edwards.
The Court has fixed courtdate, July 31, 2014, at 1:30 P.M. In Room No. 691, City Hall, Philadelphia, PA for hearing. All persons interested may appear and show cause if any they have, why the prayer of the said petition should not be granted.

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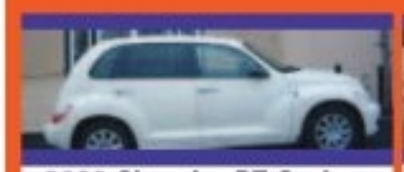
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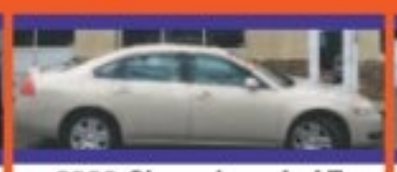
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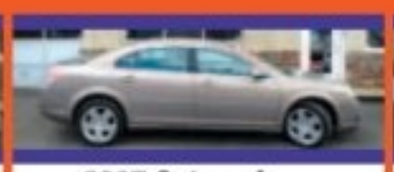
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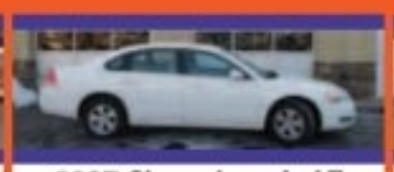
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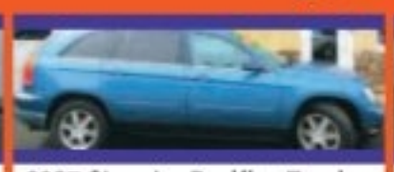
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Do you *take* Metformin *for* Type II Diabetes?

If so, please contact ***CRILifetree*** about a research study of an investigational Type II Diabetes medication for adults.

Qualified participants must:

- Be age 18 to 65
- Have Type II Diabetes
- Metformin is the only medication for Diabetes
- Be available for overnight stays

Qualified participants receive all study-related care and investigational study medication at no cost, plus total compensation up to $3,375 may be received for study participation.

No insurance is needed and transportation may be provided at no cost.

For more information, call toll-free **1.877.995.8786**

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LOCATIONS IN PHILADELPHIA & SOUTHERN NEW JERSEY

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Were you *diagnosed with* Hepatitis C *at least 6 months ago?*

If so, please contact us about our research study for adults with Hepatitis C.

Qualified participants must:

- Be 18 to 65 years old
- Been diagnosed with Hepatitis C for at least 6 months
- Be available for 4 overnight stays at the study clinic
- Be available for up to 8 follow up visits

Qualified participants receive:

- All study-related evaluations and investigational medication or inactive placebo at no cost
- Compensation up to $1200 for time and travel

No insurance is needed to participate in this study and transportation is available.

For more information, call toll-free **1.877.643.6674**

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